



Behavioral Health Board – Region 3

Serving Adams, Canyon, Gem, Owyhee, Payette and Washington Counties

Region 3 Behavioral Health Board Meeting

Wednesday, November 18, 2020

10 a.m. – 12 p.m.

<https://swdh.zoom.us/j/181323105>

Board Member Attendees:

Aaron St. George	Alex Zamora	Brian Lee	Charles Christiansen	Christopher Partridge
Dahlia Stender	Greg Dickerson	Heather Taylor	Jeri Gowen	Joy Husmann
Laura Raynor	Lina Smith	Marc Shigeta	Mark Rekow	Melissa Mezo
Michelle Sundquist	Penny Dunham	Penny Jones	Richard Ferrera	Shawneen McGee
Tricia Lofton				

Additional Attendees:

Clarissa Grange	Megan Seagers	Lori Farrens	Charlene Cariou	Cyndee Lopez
Starr Sheppard	Michelle Batten	Alisa Burlakov	Lexi Lopez	Griffin Williams
Lillian Toumey	Nathan Jones	Sam Kenney	Emily Straubhar	Sarah Andrade

Agenda:

Topic	Discussion	Motion	Action
Call Meeting to Order Roll Call Introductions	<ul style="list-style-type: none"> Meeting called to order at 10:01 by Chair. Roll call completed and Quorum met – 11 board members present. 		
Approval of September and October Meeting Minutes	<ul style="list-style-type: none"> Several board members did not receive the board packet so the meeting minutes were reviewed on the screen. There is an incomplete sentence in the September meeting minutes. 	Motion made to approve the September Board Meeting Minutes with corrections. Alex Zamora contested the meeting minutes as he did not	Emily to amend the September minutes and upload to SWDH website.

		<p>have ample time to review the minutes.</p> <p>Motion made to approve the October Board Meeting Minutes. Alex Zamora contested the meeting minutes as he did not have ample time to review the minutes.</p> <p>Quorum met – meeting minutes from September and October 2020 approved.</p>	<p>Emily to upload the approved October minutes to the SWDH website.</p>
<p>Executive Committee Updates</p>	<p>Melissa Mezo presented.</p> <ul style="list-style-type: none"> • The Executive Committee did not meet on October 28th, as there was an Executive Council meeting on October 22nd to discuss the use of Kandy Weaver’s services for cultural sensitivity training. <ul style="list-style-type: none"> ○ It was discussed that Kandy did not feel she was in a position to speak to the entire board, but rather be available to speak to individuals privately. The invitation was open to all members of the board and only one board member reached out to Kandy. ○ \$600 was set aside for Kandy’s services. Kandy will submit an invoice to SWDH to be reimbursed. • SWDH and the BHB applied for the IDOC grant through the Department of Health & Welfare. <ul style="list-style-type: none"> ○ H&W was awarded \$750,000 in funding and SWDH and the BHB applied for \$50,000 for transportation services for the R3 community. ○ If awarded, SWDH serves as the fiscal applicant and the BHB would be the recipient managing the funds. SWDH provided the tax ID number to apply on behalf of the BHB. Marketing is not necessary, and agencies will be required to submit their bill to SWDH and the budget subcommittee will meet to approve the invoices. 		

	<ul style="list-style-type: none"> ○ The proposal was submitted on November 6th. 		
Update on the Behavioral State Council	<p>Penny Jones presented.</p> <ul style="list-style-type: none"> ● She reported that the difference between the IBHC and the Governor’s Council for Behavioral Health and the State Planning Council is because of block grants. All members have expired because the governance has not approved all the memberships. <ul style="list-style-type: none"> ○ The Behavioral Council only needs to submit the Governor’s Report once a year. The report is to assess the needs throughout the region. ● The Behavioral State Council is planning on meeting in February via Zoom and again in Spring 2021 for a two-day workshop. 		
Announcement: If there are any update/ changes to the strategic plan, forward them to Emily. Joy will begin working on a survey of the strategic plan in January 2021.	<p>Joy Husmann presented.</p> <ul style="list-style-type: none"> ● She discussed if there are changes that need to be made to the strategic plan that have not been improved at the last CMH subcommittee they will need to be forwarded to Emily. <ul style="list-style-type: none"> ○ The interns with Recovery 4 Life have been helpful in getting surveys to the community and compiling the responses. ○ The interns, and the CMH subcommittee, will be working on a survey for the strategic plan to identify 3 goals and strategies that the subcommittee will work on in 2021. ○ There has been a low response rate to the surveys, so if board members need clarification, Joy encouraged they reach out to her. She also asked that members send the survey out to community partners. ○ The CMH subcommittee is striving to complete the survey and get results back before the January board meeting. 		Emily will send revisions/ edits to the Strategic Plan to Joy
Recovery Center Update	<p>Aaron St. George presented.</p> <ul style="list-style-type: none"> ● Discussed that the recovery center is working with a local grant writer to find opportunities to increase the funding that was lost last year. 		

	<ul style="list-style-type: none"> ○ The Commissioner money that the Recovery Center received was cut by two-thirds. ○ Discussed that the Recovery Center is no longer receiving IROC funding through the Department of Health and Welfare, which was used for transportation services. ○ The Recovery Center lost around \$150,000 in funding in the past year. This money was either open for another bid or taken away. The three funding sources included the SOAR Funding, the County Commissioner, and Millennium. The Crisis Center is no longer receiving money for their outreach centers. The Millennium funding is through J-FAC and the money originates from big tobacco. ○ Joy Husmann explained that some communication may have been lost with regard to the Millennium funding due to the change of county commissioners. ○ Board members discussed the loss of roughly \$150,000 and how Aaron anticipates keeping the Recovery Center open and how the board can be of assistance. ○ Aaron St. George explained that when he joined the Recovery Center in 2019, Recovery United was the driving force in funding and it appears Recovery United stopped their work with the majority of recovery. This left a lot of the grant writing to the individual Recovery Centers. The original nine recovery centers are now struggling to find grant opportunities on their own, now that they don't have the support of Recovery United. With the turnover of leadership in many of the Recovery Centers, it was difficult to create a sustainability plan the five-year Millennial funding. The SOAR funding was opened up for bid and the Behavioral Health Board applied for \$50,000 from, and that is where the SOAR funding went. One of the issues Aaron is encountering is that many of the grant opportunities 		<p>Heather Taylor to reach out to the Department of Health and Welfare to see if they are aware of any funding opportunities.</p> <p>Aaron St. George to ask the IDOC grant developer to send out a brief description of what the grant entails and how local organizations can write a letter of support. Aaron to send the description to Emily and she will distribute to the larger BHB group.</p> <p>Emily to inquire who the two recipients are of the ED-PTCs Grant.</p>
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	<p>have contractual stipulations that don't assist with sustainability efforts.</p> <ul style="list-style-type: none"> ○ In looking at the budget of the recovery center in Caldwell and Owyhee County, there is concern about longevity. Owyhee County has a private donor that assists with keeping their recovery center open, with the overhead being very minimal. ○ Historically, the Recovery Center budget has not relied on transportation. If the Board is awarded the IROC funding, the Recovery Center would be able to utilize the funding. ○ Sarah Andrade suggested to collocate as it opens up the opportunity for eligibility and grant funding. ○ The PFS Grant is prevention only and can't be used for treatment of any kind. The PFS offers Life Skills training and Mental Health First Aid training. ○ Aaron would appreciate any letters of support for the IDOC grant. ○ The Board expressed interest in developing a Recovery Sub-committee. 		<p>Aaron St. George to reach out to community contacts that he thinks might have an interest in participating in the Recovery Sub-committee. Aaron to communicate with Emily when to set up meetings.</p>
County Commissioner Update	<p>There was no County Commissioner update as Mark Rekow and Marc Shigeta were not available.</p>		
Review Monthly Revenue/ Expense and Fiscal Report	<p>There was no review of the monthly revenue/ expense and fiscal report as Troy Cunningham was not available.</p>		
WICCC Update	<p>Samantha Kenney introduced herself. She is the new Project Manager at SWDH. She was previously employed at the United Way of Treasure Valley.</p> <p>Sarah Andrade presented.</p> <ul style="list-style-type: none"> ● Reviewed the services WICCC provides. <ul style="list-style-type: none"> ○ There has been an observed uptake in individuals accessing the Crisis Center with concern of basic needs not being met due to COVID. Due to this, the Crisis Center purchased and is providing more case-management and peer support services, with extended hours. 		

	<ul style="list-style-type: none"> ○ The Crisis Center is advocating for changes in requirements for individuals accessing the center and attempting to begin accessing services, specifically for mental health appointments via telehealth from the center. 		
Crisis Counseling Program Update	<p>Lillian Toumey presented.</p> <ul style="list-style-type: none"> ● Lillian is a the COVID-19 Crisis Community Resource Specialist through the Division of Behavioral Health Region 3. <ul style="list-style-type: none"> ○ The goal of the program is to help people understand the pandemic as a natural disaster. ○ Lillian is funded through a FEMA-and-SAMSHA grant and it is a seven-person statewide team. ○ The grant is for 9 months and is intended to provide psychological first aid and to help people cope with the pandemic. The grant is fully confidential. ○ In addition to the Crisis Community Resource Specialists, there is a COVID Help Now Line and a Media Campaign. ○ If people call the Help Line, they can get COVID specific information, COVID testing information, housing, food, and distance learning. ○ There are three informational flyers (all three in Spanish, as well) that have been created to disperse throughout the community. 		Emily Straubhar to email the flyers to the BHB distribution list.
What Are People Seeing in Their Communities?	<ul style="list-style-type: none"> ● Board members discussed what needs and resources they are seeing in their communities. <ul style="list-style-type: none"> ○ Megan Segers, with Ambitions of Idaho, discussed that they are offering Peer Support Specialist Certification training. Training dates are in January and April 2021. Toys for Tots applications are being accepted November 7 – December 4. The application is open to anyone; does not have to be Ambitions of Idaho clients. Ambitions of Idaho had a hiring fair and they are now hiring virtually. ○ Laura Raynor discussed that she’s observed difficulty among individuals accessing the resources that are 		

	<p>available. Most of the services are offered via tele-health so clients are not physically in the office; this may be posing as a barrier. It's been difficult to keep services such as Personal Care Services and Residential Rehabilitation staffed due to lack of applicants and workforce.</p> <ul style="list-style-type: none"> ○ The board discussed in the future doing a virtual hiring fair on behalf of the board members' agencies. 		
Adjourn	Meeting adjourned at 11:51 a.m.		

Next Behavioral Health Board Meeting:
Wednesday, January 27th, 2021
9:30 a.m. – 10:30 a.m.